Internal Medicine AHEC Rotations

The AHEC rotation is designed to expose fourth year medical students to primary care internal medicine in an ambulatory setting. Each student will be assigned to an individual or group practice for one month. The preceptors are internists from the Greater Cincinnati area and selected smaller communities who generously donate their time and expertise. The students accompany the physician on rounds, attend office hours and other professional activities (committee meetings, educational sessions, etc.) that are deemed appropriate by the preceptor and AHEC coordinator. The student will have the opportunity to refine his/her skills of history and physical exam, differential diagnosis and management of a variety of medical problems.

Goals:

1) To gain exposure to the practice of primary care internal medicine.

2) To establish a mentoring relationship with an experienced internist that may foster the student’s interest in a primary care medicine career.

Objectives:

By the end of the rotation, the student will be able to:

1) Demonstrate the knowledge and skills necessary to diagnose and manage a variety of acute illnesses in a primary care medicine setting.

2) Recognize the importance of establishing a continuous relationship with patients especially in the management of chronic illnesses.

3) Apply principles of cost-effective evidenced based medicine when ordering diagnostic testing and interpreting diagnostic test results.

4) Explain to patients the importance of preventative health measures such as:
   a. cancer screening
   b. immunizations
   c. life style modifications (i.e. weight loss, exercise, smoking cessation)
   d. cardiac disease risk reduction

5) Utilize basic principles of medical ethics during the day-to-day practice of primary care medicine.